# Skillpod

# Product Catalogue

Microlearning to grow your business

September 2023

## Why Skillpod

Smart companies understand that having skilled and adaptable employees is the key to being future ready in today's challenging market.

Skillpod assists you to bring learning and development into your flow of work to build a progressive business culture while giving your people the opportunity to grow their core competencies.

Our **microlearning library** offers ready to go learning and development experiences in a format designed to fit around workflows and on any device. Modules are convenient and engaging, bite sized and only take 10-15 minutes to complete.

Boost engagement and fit the learning to your internal brand by **tailoring** your modules with text, images and video that reflect your organisation and your peoples work experience.

**Team building tools** take your learning off the computer and into the real world. We work with you to **design** and **implement** the delivery of team building activities that encompass a variety of learning preferences for your diverse team. You can bring your learning into practice to improve performance and organisational culture.

The key question therefore is: how can you embed learning into your flow of work?

Skillpod



### Contents

How you can use Skillpod	3
Micro-library topics	

Build yours29
Use it
Strengthen your Resilience27
Better Induction26
Performance Improvement25
Unconscious Bias24
Hybrid Working23
Increase your Productivity22
Introduction to Health & Safety21
Effective Leadership20
Better Workplace Relationships19
Everyday Business Communications18
Tailoring17
Skillpod Packages
Compliance14
Productivity12
Performance11
Personal growth10
Communication9
Leadership8
Diversity & Inclusion7
Induction6





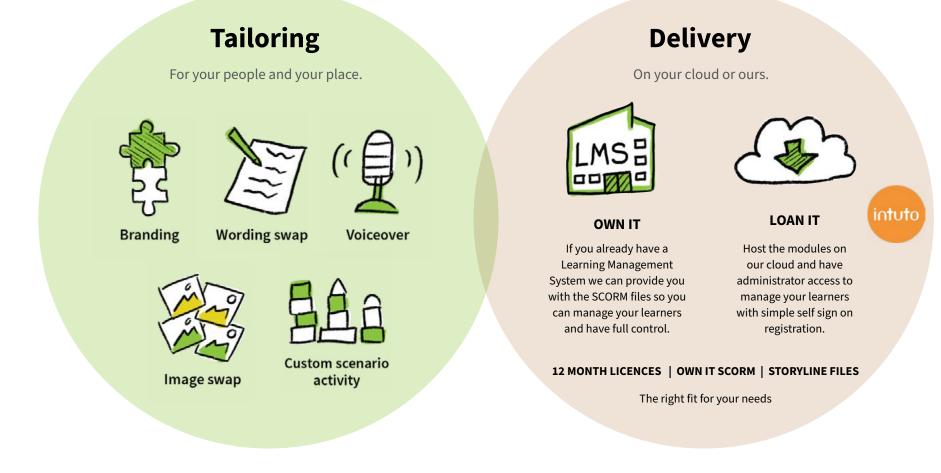
### How you can use Skillpod



Whether you are looking for a module for your organisation, for your team or for an individual we have a pricing option that is right for you.

Pick the microlearing you need and choose the hosting option that works for your place.

Then select the level of tailoring to match your business and the use it model that will help your people to grow.



Skill



# Micro-library topics

Pick & mix the right modules to support your team.



### Induction



#### **Skillpod Topics** – Check the box to pick the right mix for you

Course	Learning content
<b>Welcome to Induction</b> Create a customised induction that engages and excites your newest team members. Make an impactful first impression of your business, your history and your company culture.	<ul> <li>Vision, mission and values</li> <li>Company overview</li> <li>Facilities, equipment and systems</li> </ul>
<b>Emergency Evacuation Procedures</b> Have everything you need in one place to prepare for and stay safe during emergency situations.	• Evacuation procedures in the event of an emergency in your workplace.
<b>Work Station Setup</b> Enable your staff to create healthy workstation practices to have a positive impact on their wellbeing.	<ul><li>Learn about good workstation setup</li><li>Set up your workstation</li></ul>
<b>Beyond Good Service</b> Build a 'culture of hospitality' with a better understanding of how to make being good at what you do to being great at what you do.	<ul> <li>What hospitality means in the context of what you do</li> <li>The difference between clients, customers and guests</li> <li>The specific features of a strong culture of hospitality</li> </ul>

Pricing and delivery options are available here on our website.

## Diversity & Inclusion



**Skillpod Topics** – Check the box to pick the right mix for you

Course	Learning content
<b>Unconscious Bias 1</b> The value of supporting diversity and inclusion	<ul> <li>Understand the links between diversity, inclusion and unconscious bias</li> <li>Identify different types of diversity</li> <li>Explain why inclusion is important in supporting diversity</li> <li>Describe the benefits of diversity and inclusion for company culture</li> </ul>
<b>Unconscious Bias 2</b> The neuroscience of unconscious bias	<ul> <li>Explain how the brain approaches difference</li> <li>Understand why people are wired towards these approaches</li> <li>Describe the value of being aware of this wiring</li> </ul>
<b>Unconscious Bias 3</b> Addressing unconscious bias in the workplace	<ul> <li>Understand how unconscious bias affects decision making</li> <li>Describe gender bias and the perception of leadership</li> <li>Explain why people create in-groups</li> <li>Understand micro-affirmations and micro-aggressions</li> </ul>
Unconscious Bias 4 Common workplace biases	<ul> <li>Understand how the brain reacts to stress and threat</li> <li>Explore and recognise stress responses</li> <li>Describe common biases in the workplace</li> </ul>
<b>Unconscious Bias 5</b> Becoming aware of your bias	<ul> <li>Bring awareness to behaviours and learn to reassess them</li> <li>Take personal accountability</li> <li>Use the PAUSE framework to support better decision making</li> </ul>

Pricing and delivery options are available here on our website.

### Leadership



#### **Skillpod Topics** – Check the box to pick the right mix for you

Course	Learning content
<b>Aligning culture and expectations</b> Introduce your leaders to the three elements of culture — artifacts, values and assumptions. Learners will reflect on the culture of their organisation, identify the behaviours and mindsets of their team and set some actions to keep their team aligned.	<ul> <li>Elements of culture</li> <li>Behaviours and mindsets of the team</li> </ul>
<b>Mentoring Your Team with Positive Feedback</b> Explore the concept of mentoring and explore how leaders can incorporate elements of mentoring into their leadership practice using positive feedback.	<ul> <li>The benefits of team mentoring</li> <li>Principles of positive feedback</li> <li>Incorporating team mentoring into leadership practice Identify opportunities for mentoring</li> </ul>
<b>Interviewer Skills</b> Tips and guidelines for best practice and asking good questions during an interview to ensure you get the information you need.	<ul> <li>Conducting an entrance interview</li> <li>Conducing an exit interview</li> <li>Conducting a feedback interview</li> </ul>
<b>Minimising Conflict in the Workplace</b> Minimising conflict in the workplace is an essential skill for any employee. It is important our relationships with coworkers are healthy and respectful.	<ul> <li>Setting expectations</li> <li>Dealing with disagreements</li> <li>Asking for assistance when dealing with conflict</li> </ul>
<b>Understanding Leadership Styles</b> Provide your leaders with an opportunity to reflect on their leadership style and the adaptations they can make to suit the needs of their team.	<ul> <li>Positive leadership styles</li> <li>Personal and team working styles</li> <li>Adapting leadership styles to the needs of the team</li> </ul>

Pricing and delivery options are available here on our website.

### Communication



#### **Skillpod Topics** – Check the box to pick the right mix for you

Course	Learning content
<b>Communication Skills</b> Ensure what you have to say gets heard with the appropriate methods of communication to the different levels in your business.	<ul> <li>Building good communication skills</li> <li>Methods and tools to communicate effectively</li> </ul>
<b>Communication Skills for Leaders</b> Provide your leaders the tools they need to grow their leadership skills, and improve their team's trust, engagement, and productivity.	<ul> <li>Five key skills to improve communication as a leader</li> <li>Strategies to focus on self-development</li> </ul>
<b>Influencing Others</b> Learn about positive influencing styles and apply these in a personalised, real-world scenario.	<ul> <li>The relationship between leadership and positive influence</li> <li>Effective influencing styles</li> <li>Actions to take to positively influence others</li> </ul>
<b>Navigating Workplace Politics</b> Make the most of your workplace relationships in a way that is healthy and respectful.	<ul> <li>Benefits of workplace politics</li> <li>Formal and informal influencers</li> <li>The politics of your workplace</li> </ul>
<b>Building Your Team</b> Becoming a team is a process. In this module you will learn to identify the stage your team is at using the Tuckman model and what actions to take to keep your people moving forward.	<ul> <li>Identify the stage of your team</li> <li>Identify the actions you need to keep your team moving forward</li> </ul>

Pricing and delivery options are available here on our website.

### Personal growth



**Skillpod Topics** – Check the box to pick the right mix for you

Course	Learning content
<b>The Resilient Mindset</b> Understand that our different life experiences have led us to all have very different levels of resilience, and what we do have in common is the ability to build up our resilience no matter how low it may be	<ul> <li>The standard definition of "resilience"</li> <li>Defining what resilience means to you as an individual</li> <li>How to manage your personal triggers</li> </ul>
<b>Understanding your Resilience</b> An introduction to resilience and an opportunity to understand the traits of a resilient person.	<ul> <li>Myths of resilience and the effect of resilience on the brain</li> <li>Assessing your own current levels of resilience</li> <li>Key skills to building resilience</li> </ul>
<b>Building your Resilience</b> Dive deep into the three parts of resilience – prevention, practice and care.	• A deep dive into the three parts of resilience — practice, prevention and care.
How to Have a Great Interview Go into your next interview with confidence!	<ul> <li>Preparing for your interview</li> <li>Dressing for success</li> <li>Presenting positive body language</li> <li>Bring your best self in the interview</li> <li>Following up on the interview</li> </ul>
<b>Preparing for an Interview</b> Learn what interviewing is all about and get prepared for you next interview.	<ul> <li>Understanding what the interviewer is looking for</li> <li>How to prepare your answers for the interview</li> <li>Preparing questions to ask the interviewer</li> </ul>
<b>Budgeting Skills</b> Learn the fundamentals of budgeting and have a go at creating a budget for yourself.	<ul> <li>What a budget is and how to create your own</li> <li>Financial check up and why this is needed</li> <li>How to reduce debt and save for your future</li> </ul>

Pricing and delivery options are available here on our website.

### Performance



#### **Skillpod Topics** – Check the box to pick the right mix for you

Course	Learning content
<b>Introduction to Performance Improvement</b> Turn difficult conversations about performance issues into mentoring opportunities.	<ul> <li>Why performance improvement is important</li> <li>What is a Performance Improvement Plan?</li> <li>Acting in 'good faith'</li> <li>Performance discussions</li> </ul>
Where the Performance Improvement Plan Responsibilities Lie Support your leaders to use the formal performance improvement process to effectively address performance in a manner that is sympathetic and positive, while still being legally compliant.	<ul> <li>What your responsibilities are</li> <li>How HR can assist in the process</li> <li>What the employee's responsibilities are</li> <li>Formal improvement process</li> </ul>
<b>Performance Improvement Plan Meeting</b> Support your leader to approach performance conversations with confidence and a positive, future-focused framework.	<ul> <li>When a formal plan is required</li> <li>Steps of a formal PIP process</li> <li>Getting support when leading out a PIP process</li> <li>Reviewing progress of a PIP</li> <li>Factoring 'stress' into the the PIP process and responding to bullying claims</li> </ul>

Pricing and delivery options are available here on our website.

### Productivity



#### **Skillpod Topics** – Check the box to pick the right mix for you

Course	Learning content
<b>Hybrid working – Exploring hybrid working</b> Explore the benefits of hybrid working and how this looks in different businesses.	<ul> <li>Discover benefits and types of hybrid working</li> <li>Review what's needed for hybrid working</li> <li>Reflect on your thinking about hybrid working</li> </ul>
Hybrid working – Creating an exceptional hybrid working experience Uncover what's needed to make hybrid working successful.	<ul> <li>Discover effective ways of working</li> <li>Review team and individual requirements</li> <li>Reflect on the approach to team guidelines</li> </ul>
<b>Hybrid working – Maintaining your wellbeing</b> Uncover opportunities to put wellbeing first when considering hybrid working.	<ul> <li>Discover how hybrid working can impact wellbeing</li> <li>Review your confidence to maintain wellbeing</li> <li>Reflect on strategies to manage your wellbeing</li> </ul>
<b>Hybrid working – Staying connected with your team</b> Review strategies to ensure you and your team remain connected when hybrid working.	<ul> <li>Discover strategies to connect</li> <li>Review what's important to the team and individuals</li> <li>Reflect on team communication expectations</li> </ul>
<b>Hybrid working – Monitoring and maintaining performance</b> Review the importance of clear expectations and the role of goals, feedback and one on ones.	<ul> <li>Discover the importance of clear expectations</li> <li>Review the role of 1:1s and feedback</li> <li>Reflect on strategies to seek feedback</li> </ul>
<b>Hybrid working – Maintaining visibility in your network</b> Discover the importance of networking and strategies to strengthen your network.	<ul> <li>Discover the importance of networking for growth</li> <li>Review ways to adapt our approach to networking</li> <li>Reflect on strategies to strengthen your network</li> </ul>

Pricing and delivery options are available here on our website.

### Productivity cont.



**Skillpod Topics** – Check the box to pick the right mix for you

Course	Learning content
<b>Working With Purpose</b> Increase your team's performance by leading your team to become more productive with practical tips on how to collaborate, smash deadlines and manage their workflows.	<ul> <li>Set objectives or KPIs</li> <li>Plan and implement solutions</li> <li>Prioritise and meet deadlines</li> <li>Use strategies to ensure positive workflows</li> </ul>
<b>Introduction to Workplace Efficiency</b> Introduce your staff to proven efficiency concepts and strategies in order to maximise their output without overloading them.	<ul> <li>What is performance efficiency</li> <li>Strategies to increase performance efficiency</li> </ul>
<b>Effective Delegation</b> Provide leaders with everything they need to smash goals and deadlines, lower stress, and increase job satisfaction.	<ul> <li>Relationship between productivity and delegation</li> <li>Reviewing productivity</li> <li>Strategies to prioritise and delegate work</li> </ul>

Pricing and delivery options are available here on our website.

# Compliance



**Skillpod Topics** – Check the box to pick the right mix for you

Course	Learning content
<b>Introduction to the Privacy Act</b> An introduction to the Privacy Act and the Information Privacy Principles.	<ul> <li>Purpose of the Privacy Act</li> <li>Information Privacy Principles</li> <li>What personal information is</li> </ul>
<b>The 13 Information Privacy Principles</b> Designed to complement the Introduction to NZ Privacy Act module, this module will deepen knowledge of legal requirements under the Privacy Act.	Legal requirements under the 13 Information Privacy Principles
<b>Privacy – Actions to Protect your Business</b> The information your employees need to prevent privacy breaches, and what to do if it happens.	<ul> <li>What is a privacy breach?</li> <li>What to do if there is a privacy breach</li> <li>How to prevent breaches</li> </ul>
<b>Anti Bullying</b> Everyone has the right to feel safe and respected at work. This module will enable your managers and teams to identify and address behaviours that are both harmful to others and to your organisation's culture. People who feel safe, respected and valued have higher performance results at work.	<ul> <li>Identify types of Bullying</li> <li>Identify bullying behaviours</li> <li>Respond to Bullying</li> </ul>
<b>Keeping You and Your Workmates Safe</b> This module provides employees with an introduction to the principles of health and safety in the workplace. Suitable for an onboarding or regular refresher course, this module covers:	<ul> <li>The purpose of the Health and Safety at Work Act (2015) (HSWA)</li> <li>Worker responsibilities under the HSWA</li> <li>Work participation</li> <li>The difference between hazards and risks</li> <li>Introduction to hazard identification and reporting</li> <li>Introduction to incidents and reporting</li> </ul>

Pricing and delivery options are available here on our website.

### Compliance cont.



**Skillpod Topics** – Check the box to pick the right mix for you

Course	Learning content
<b>A Leader's Guide to Health and Safety</b> This microlearning is suited to people within an organisation who are responsible for others. It builds on the content covered in the previous modules, Keeping you and your workmates safe and Emergency Evacuation Procedures.	<ul> <li>Manager responsibilities (including PCBU + Officers)</li> <li>How to encourage employee participation</li> <li>Documenting hazards/using the risk matrix</li> <li>Actions following an incident (including serious harm)</li> <li>Managing workplace injuries</li> <li>Managing contractors and visitors</li> <li>Leading in an emergency situation</li> </ul>
<b>The 5 Whys Investigation Technique</b> Are your leaders and team members involved in incident investigation with a health and safety lens. This package will help them to work through the process.	<ul> <li>Why and when the 5 Whys technique is used</li> <li>The benefits of using the 5 Whys technique</li> <li>How the 5 Whys technique can be used to get to the root cause of a problem</li> </ul>
<b>Leading the Return to Work Process</b> Provides leaders the information they need to be able to support an injured worker in their safe and timely return to meaningful work.	<ul> <li>Why it is important to manage return to work</li> <li>Return to work programmes and medical certificates</li> <li>Strategies for managing the return to work process</li> <li>Communicating with injured workers</li> </ul>
<b>Keeping You and Your Workmates Safe</b> This module provides employees with an introduction to the principles of health and safety in the workplace. Suitable for an onboarding or regular refresher course, this module covers:	<ul> <li>The purpose of the Health and Safety at Work Act (2015) (HSWA)</li> <li>Worker responsibilities under the HSWA</li> <li>Work participation</li> <li>The difference between hazards and risks</li> <li>Introduction to hazard identification and reporting</li> <li>Introduction to incidents and reporting</li> </ul>

Pricing and delivery options are available here on our website.



# Packages

A powerful group of bite-size microlearning.



### Make it yours



### Tailoring

While all Skillpod modules are ready to go out of the box, it is with tailoring that the magic happens.

All Skillpod microlearning modules are 100% tailorable to your specific needs so that your people can relate them to their job. Show the relevancy of the training by customising images, video and scenarios that are relatable for your team.

We offer 3 levels of tailoring based on your needs:

	Bronze	Silver	Gold
Add Your Logo	FREE	FREE	FREE
Images	Up to 5	6 to 10	10+
Customisable Text	-	Yes	Yes
Customisable Scenarios	-	-	Yes

Pricing is based on the number of micro-modules in the tailoring package, with discounts for 5+ micro-modules.



### Everyday Business Communications



Select

This package features everything you need to get your people started on their communication journey — from building positive relationships to navigating workplace politics and minimising conflict.

This package is a great starting point to get your people on their learning journey.

There's more information here on learning outcomes, pricing and delivery options.

#### Course

#### **Communication Skills**

Ensure what you have to say gets heard with the appropriate methods of communication to the different levels in your business.

#### **Minimising Conflict in the Workplace**

Minimising conflict in the workplace is an essential skill for any employee. It is important our relationships with coworkers are healthy and respectful.

#### Course

#### **Building Positive Relationships**

Creating a healthy team dynamic while staying productive can be challenging, but there are many things you can do to encourage your team to create strong, supportive working environments.

#### **Navigating Workplace Politics**

Make the most of your workplace relationships in a way that is healthy and respectful.

### Building Workplace Relationships



Select

Productivity, engagement and performance all sit on a foundation of trust and communication — the ingredients for a positive workplace relationship.

This package features everything you need to get started on your communication journey, from building positive relationships and delegation to navigating politics and minimising conflict.

This package is perfect for team members and leaders alike, with modules for every audience.

There's more information here on learning outcomes, pricing and delivery options.

#### Course

#### **Building Positive Relationships**

Creating a healthy team dynamic while staying productive can be challenging, but there are many things you can do to encourage your team to create strong, supportive working environments.

#### Minimising Conflict in the Workplace

Minimising conflict in the workplace is an essential skill for any employee. It is important our relationships with co-workers are healthy and respectful.

#### **Navigating Workplace Politics**

Make the most of your workplace relationships in a way that is healthy and respectful.

#### Course

#### **Effective Delegation**

Help your people meet their goals and deadlines by understanding how to delegate work and responsibilities properly.

#### **Communication Skills**

Ensure what you have to say gets heard with the appropriate methods of communication to the different levels in your business.

#### **Communication Skills for Leaders**

Provide your leaders the tools they need to grow their leadership skills, and improve their team's trust, engagement, and productivity.

### Effective Leadership



Select

Effective leadership is no longer about being directive or authoritative. The modern workforce requires leadership that is relationship based and shows interest in the development of its people.

This package is a mix of our best leadership and culture content. Your leaders will build on existing soft skills to grow as individuals and create opportunities for their teams to succeed.

Learning outcomes, pricing and delivery options available here.

#### Course

#### **Aligning Culture and Expectations**

Introduce your leaders to the three elements of culture — artifacts, values and assumptions. Learners will reflect on the culture of their organisation, identify the behaviours and mindsets of their team and set some actions to keep their team aligned.

#### **Building Your Team**

Introduce your leaders to the Tuckman team model and provide them an opportunity to identify the stage of their team and set some leadership actions to keep everyone moving forward.

#### Mentoring Your Team with Positive Feedback

Explore the concept of mentoring and explore how leaders can incorporate elements of mentoring into their leadership practice using positive feedback.

#### **Influencing Others**

Introductory module for your leadership team to learn how to make suggestions to clients, customers, colleagues, and staff by maximising their interpersonal skills.

#### Course

#### **Effective Delegation**

Help your people meet their goals and deadlines by understanding how to delegate work and responsibilities properly.

#### **Understanding Leadership Styles**

Adapt your leadership style to suit the needs of your staff by recognising the specific development stages a cohesive team goes through, and understand what they need from you as leader.

#### **Communication Skills for Leaders**

Provide your leaders the tools they need to grow their leadership skills, and improve their team's trust, engagement, and productivity.

### Introduction to Health & Safety



Select

The Skillpod health and safety package contains five modules that span health and safety responsibilities and practices in an organisation. This package covers the information needed for team members and team leaders and has been put together from our compliance vertical.

#### Course

#### **Keeping You and Your Workmates Safe**

Provides employees with an introduction to the principles of health and safety in the workplace. Suitable for an onboarding or as a regular refresher course.

#### **Emergency Evacuation Procedures**

Have everything you need in one place to prepare for and stay safe during emergency situations.

#### A Leader's Guide to Health and Safety

This microlearning is suited to people within an organisation who are responsible for others. It builds on the content covered in the previous modules, Keeping you and your workmates safe and Emergency Evacuation Procedures.

#### Course

#### **The 5 Whys Investigation Technique**

Are your leaders and team members involved in incident investigation with a health and safety lens. This package will help them to work through the process.

#### Leading the Return to Work Process

Provides leaders the information they need to be able to support an injured worker in their safe and timely return to meaningful work.

### Increase your Productivity



Select

Increase productivity through a boost in your people's communication, delegation and leadership skills.

This package will kick start your learning journey, with options for everyone. If you want your people to be more efficient and work with purpose this package is for you ... there's more information here on learning outcomes, pricing and delivery options.

#### Course

#### **Working With Purpose**

Increase your team's performance by leading your team to become more productive with practical tips on how to collaborate, smash deadlines and manage their workflows.

#### Introduction to Workplace Efficiency

Introduce your staff to proven efficiency concepts and strategies in order to maximise their output without overloading them

#### Course

#### **Effective Delegation**

Help your people meet their goals and deadlines by understanding how to delegate work and responsibilities properly.

#### **Communication Skills**

Ensure what you have to say gets heard with the appropriate methods of communication to the different levels in your business.

## Hybrid Working



Select

Over the past couple of years we have all been challenged with working differently. Now, we have the opportunity to step back and reflect — how can we make better choices about the way we work and achieve better wellbeing, engagement and productivity?

This six-part micro series is a simple 'how' to' guide to help get your organisation starting with hybrid working ... there's more information here on learning outcomes, pricing and delivery options.

#### Course

**Hybrid working – Exploring hybrid working** Explore the benefits of hybrid working and how this looks in different businesses.

**Hybrid working – Creating an exceptional hybrid working experience** Uncover what's needed to make hybrid working successful.

#### Hybrid working - Maintaining your wellbeing

Uncover opportunities to put wellbeing first when considering hybrid working.

#### Course

**Hybrid working – Staying connected with your team** Review strategies to ensure you and your team remain connected when hybrid working.

**Hybrid working – Monitoring and maintaining performance** Review the importance of clear expectations and the role of goals, feedback and one on ones.

#### Hybrid working - Maintaining visibility in your network

Discover the importance of networking and strategies to strengthen your network.

### Unconscious Bias



Select

Accelerate your diversity and inclusion journey with this NZ based online unconscious bias course that has been designed to recognise and address bias in your workplace.

These microlearning modules are designed to give your people the foundational information and tools needed to transform your business into a more conscious, inclusive and high-performing organisation.

There's more information here on learning outcomes, pricing and delivery options.

This five-part module series is designed to be completed in sequence.

#### Full course package

#### MODULE 1: The Value of Supporting Diversity and Inclusion

Become aware of the link between diversity, inclusion and unconscious bias by understanding the different types of diversity and benefits of diversity and inclusion for your company culture.

#### **MODULE 2: The Neuroscience of Unconscious Bias**

Understand how the brain approaches difference and why people are wired towards bias and the value of this.

#### MODULE 3: Addressing Unconscious Bias in the Workplace

How does unconscious bias affect decision making in your workplace? From gender bias to the perception of leadership. Understand why people create in-groups

#### Course

#### MODULE 4: Common workplace biases

Recognise how your brain reacts to stress and threat and understand the impact this has on common workplace bias.

#### MODULE 5: Becoming aware of your bias

Bring awareness to your behaviours and learn to reassess them by taking personal accountability with the PAUSE framework to support better decision making.

### Performance Improvement



Select

Communication is at the centre of successful performance improvement conversations. Good communication skills help turn difficult conversations about performance into empowering, mentoring opportunities.

This package will support your leaders to engage their team in the performance improvement process. Through a series of four modules leaders will learn how to work with their team to set clear expectations and set and monitor SMART goals.

Learning outcomes, pricing and delivery options available here.

#### Course

#### Introduction to Performance Improvement

Turn difficult conversations about performance issues into mentoring opportunities.

#### Where the Performance Improvement Plan Responsibilities Lie

Support your leaders to use the formal performance improvement process to effectively address performance concerns in a manner that is sympathetic and positive, while still being legally compliant.

#### Course

#### **Performance Improvement Plan Meeting**

Support your leader to approach performance conversations with confidence and a positive, future-focused framework.

#### Influencing Others

Learn about positive influencing styles and apply these in a personalised, realworld scenario.

### Better Induction



Select

Welcome your new team member with induction training that has everything they need to get up and running!

This induction package supports your people with a structured induction process, taking them through your company's vision and values, key policies and the information they need to keep safe. Tailor these modules to make them relevant to your people, company and brand.

Learning outcomes, pricing and delivery options available here.

#### Course

#### Welcome to Induction

Create a customised induction that engages and excites your newest team members. Make an impactful first impression of your business, your history and your company culture.

#### **Emergency Evacuation Procedures**

Have everything you need in one place to prepare for and stay safe during emergency situations.

#### Anti Bullying

Enable your managers and teams to identify and address behaviours that are both harmful to others and to your organisation's culture. People who feel safe, respected and valued have higher performance results at work.

#### Course

#### Introduction to the Privacy Act

An introduction to the Privacy Act and the Information Privacy Principles.

#### **Privacy – Actions to Protect your Business**

The information your employees need to prevent privacy breaches, and what to do if it happens.

#### Work Station Setup

Enable your staff to create healthy workstation practices to have a positive impact on their wellbeing.

### Strengthen your Resilience



Select

We can do many things each day to build our resilience so that we thrive through the bumps in the road. This package will help your people understand and strengthen their resilience. Tools and activities will help learners manage stress and identify techniques for self-care.

Learning outcomes, pricing and delivery options available here.

#### Course

#### **The Resilient Mindset**

Understand that our different life experiences have led us to all have very different levels of resilience, and what we do have in common is the ability to build up our resilience no matter how low it may be

#### **The Building Blocks of Resilience**

Take your staff through the basics of how to expand and build upon their current resilience levels.

#### **Measuring Your Resilience**

Allow your staff to assess their current resilience levels with fun interactive quizzes that help them to understand the neuroscience of resilience and recognise their own inner strengths.

## Using skillpod at your place



### Use it

Skillpod user models are versatile and can be used in a variety of ways to support your organisation's learning and transformation.

Ask us about our implementation options to really help you get things flying.

### Organisation-wide capability

Choose a package or topic to grow new capability across the organisation. Get everyone up to speed through a kete of microlearning modules and translate learning into action through team discussion templates and tools. We can help you with assets for promotion on your comms channels and work with you to develop an implementation plan.

### Team meeting toolkit

The perfect bite-sized team

learning tool with microlearning modules that support individual reflection and the development of new knowledge, and team discussion templates to bring learning into the real-world. These are great for a morning standup or regular team meetings, or use them as an activity at your next team day.

#### **Build your kete**

Grow your organisation's

learning kete and ensure there is something for everyone at all stages of the employee lifecycle. Our microlearning modules are bitesized online learning tools that fit perfectly with your current learning offerings — they can begin the conversation online, face to face or in a blended environment. Dnboarding

Embed our easily digestible microlearning modules into your organisation's onboarding programme. Suitable for new employees or those transitioning into a leadership role, make learning available from day one to increase engagement, productivity and wellbeing for your new team members. Designed to meet specific learning outcomes, you can use microlearning as a joining layer to existing learning ecosystems and bring your learning to life with:

#### **Discussion cards**

Provide opportunities for personal reflection and peer discussion amongst your team. Give leaders the tools to helping guide the development of the capabilities of their people.

#### **Charter action**

Work together to implement change after the learning event with a charter action plan to capture the ideas and cover all the bases to make a difference in your everyday.



## Build yours

### Bespoke

The team at Skillpod (and our parent company Smartwork Creative) have been creating material for over 30 years for some of the world's leading learning content providers, and NZ government agencies and businesses.

Whether it's eLearning modules, or print based resources, if we don't have the content you're looking for in our Skillpod Library, our award winning team can bring the same skills to creating bespoke content for your organisation.

Here's some of the companies that we've worked with:





learning

technologies ORGANISATION

**OF THE YEAR** 

SHORTLISTED



Proudly powered by



www.skillpod.co.nz studio@smartworkcreative.co.nz +64 21 222 5129